



## CHECKING YOUR BABY'S DEVELOPMENT

Your baby's developmental milestones (like smiling for the first time or taking their first steps) are important moments in their life. They give important clues about how your child is growing. At each of your baby's well-visits, talk to your baby's primary care provider (PCP) about milestones and any questions or concerns you have.

On the other side of the page, there are some milestones that you can track for your baby starting at 2 months old. The Centers for Disease Control and Prevention (CDC) has tools to help you track all of your little one's milestones, including:

- A Milestone Tracker app you can download and use for free:  
[www.cdc.gov/milestonetracker](http://www.cdc.gov/milestonetracker).
- Printable milestone trackers in different languages:  
[www.cdc.gov/ncbddd/actearly/milestones/index.html](http://www.cdc.gov/ncbddd/actearly/milestones/index.html).

