

December 6, 2021

Diabetes Awareness Month Wrap-Up

On November 30, 2021 HPSM observed Diabetes Awareness Month by hosting a webinar for our provider community. In case you missed it, this webinar is now available online! In this one-hour discussion, we:

- Shared information about the prevalence of diabetes and pre-diabetes among HPSM members.
- Heard about care management best practices for providers – including motivational interviewing and other engagement strategies – from our expert guest speaker Joe Solowiejczyk. Joe is a diabetes nurse educator and family therapist who has lived with Type 1 diabetes for over 50 years, and his contact information is below.
- Shared programs and resources to support members with diabetes or pre-diabetes.

Watch the webinar:

bit.ly/HPSMdiabeteswebinar

Webinar slides:

bit.ly/HPSMdiabetesslides

HPSM Programs

Here are several quick links to resources you can use to support your patients with diabetes or at risk of diabetes – including gestational diabetes:

- Diabetes Management Program: www.hpsm.org/health-information/diabetes
- Diabetes Prevention Program: www.hpsm.org/provider/resources/diabetes-prevention-program
- Baby + Me Program: www.hpsm.org/health-information/pregnancy/baby-and-me

Other Resources

- Presenter Joe Solowiejczyk, RN MSW CDCES contact information:
 - **Mobile phone: 484-467-0173**
 - **Email: jsolowiejczyk@icloud.com**
- Diabetes Self-Management Video Sessions for Patients at SMMC Clinic: www.hpsm.org/docs/default-source/provider-notices/20201019-diabetes---final.pdf?sfvrsn=8edf4cda_4

For questions, please contact the HPSM Provider Services department at PSInquiries@hpsm.org.

Thank you for your continued commitment to our community,
The Health Plan of San Mateo