



801 Gateway Boulevard, Suite 100  
South San Francisco, CA 94080

tel 650.616.0050  
fax 650.616.0060  
tty 800.735.2929 or dial 7-1-1

[www.hpsm.org](http://www.hpsm.org)

December 22, 2021

## Supporting HPSM Members with Hypertension

Dear provider,

Please continue to support the Health Plan of San Mateo (HPSM) members with hypertension by documenting and tracking blood pressure measurements.

You can submit blood pressure measurements via telehealth visit if the patient has an at-home blood pressure monitor. Make sure to document readings in medical records and submit claims by using blood pressure CPT codes.

Controlling high blood pressure is a quality measure for primary care physicians (PCPs) participating in our value-based payment program. Here are the codes to appropriately bill for those measurements. Qualified PCPs can receive credit:

Code	Definition	Code system
<b>3079D</b>	Most recent diastolic blood pressure 80-89 mm Hg	CPT-CAT-II
<b>3080F</b>	Most recent diastolic blood pressure greater than or equal to 90mm Hg	CPT-CAT-II
<b>3078F</b>	Most recent diastolic blood pressure less than 80 mm Hg	CPT-CAT-II
<b>3077F</b>	Most recent systolic blood pressure greater than or equal to 140 mm Hg	CPT-CAT-II
<b>3074F</b>	Most recent systolic blood pressure less than 130 mm Hg	CPT-CAT-II
<b>3075F</b>	Most recent systolic blood pressure 130-139 mm Hg	CPT-CAT-II

Read these and other program guidelines here: [www.hpsm.org/provider/value-based-payment](http://www.hpsm.org/provider/value-based-payment)

Providers can also support members with the tools they need to understand how their medications and diet may affect their blood pressure rates. Enabling a patient to actively participate in their own care can help them adjust lifestyle choices (like diet) or medication for optimal health.

You can read our previous notifications on blood pressure measurement, including how to prescribe an at-home blood pressure monitor, on our website: [www.hpsm.org/provider/news](http://www.hpsm.org/provider/news)

For questions, please contact the HPSM Provider Services department at [PSInquiries@hpsm.org](mailto:PSInquiries@hpsm.org).

Thank you for your continued commitment to our community,  
The Health Plan of San Mateo