

March 2, 2022

New Higher Level of Care Form For Youth Ages 6-17

Dear behavioral health providers,

The Health Plan of San Mateo (HPSM) has a new form for providers referring youth ages 6-17 for higher level of care. You can find the form at: www.hpsm.org/provider/behavioral-health/

While HPSM manages mild to moderate behavioral health services for members, those requiring a higher level of care must be referred to Behavioral Health and Recovery Services (BHRS). Please keep in mind:

- Before filling out this form, please ensure a full assessment has been completed in coordination with the member and other providers in their care team.
- By submitting this form, you initiate an assessment process. Not all members referred to a higher level of care will qualify or need specialty mental health services.
- Tell your patient and their guardian you are sending in this request and they should provide the best number to reach them, as BHRS will reach out via telephone once the request is accepted.
- Please attach clinical notes that will help determine client's need for higher level of services.
- A brief episode of severe symptoms that resolves quickly with existing supports may not require the member to move into specialty services.

Additional resources:

- Please continue to use the higher level of care form for adults when referring members aged 18 and up, found here: www.hpsm.org/provider/behavioral-health/
- Watch our tutorial video on how to successfully complete the form here: www.hpsm.org/videos/default-source/providereducation/bh-higher-level-of-care.mp4

Please direct any questions to PSinquiries@hpsm.org and thank you for your continued commitment to our community.

The Health Plan of San Mateo

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