

April 13, 2022

Black Maternal Health Week (April 11-17, 2022)

Dear providers,

This week marks the fifth anniversary of Black Maternal Health Week. The Health Plan of San Mateo (HPSM) is grateful to continue to partner with Black Infant Health (BIH) who provide resources and advocate for the health and rights of Black mothers and babies. Here are resources to help improve care for Black mothers and their children.

Provider Resources:

- BIH is hosting meetings this week from 11AM-12PM daily, which you can join here: blackinfanthealth.org/events/. Topics include:
 - Promoting Physical Prosperity (Thursday, April 14)
 - Birthing stories, wisdom, and resources (Wednesday, April 15)
- Watch our webinar, “Barriers to Black Breastfeeding Webinar (in partnership with Black Infant Health)” recorded November 5, 2020. www.hpsm.org/videos/default-source/webinar/barriers-to-black-breastfeeding.mp4
- Visit our Maternal Health Disparities provider page with information for expecting mothers, program resources, and more: www.hpsm.org/provider/resources/maternal-health

Member Resources:

- Resources for pregnant members, including programs, mental health support, and more: www.hpsm.org/health-information/pregnancy
- Child health resources for tracking growth and development, safety, and more: www.hpsm.org/health-information/child-health

If you have any questions or want more information about Black Maternal Health week, reach out to the Population Health Management team at PopulationHealth@hpsm.org.

Thank you for your continued commitment to our community,
The Health Plan of San Mateo