

February 9, 2023

## Behavioral Health Provider Availability for February 2023

Dear behavioral health providers,

Thank you for all you do for our community. We're halfway through the first quarter of 2023 and we are currently seeing increased demand for providers who:

- Serve youth under age 18.
- Offer in-person services (or the option to schedule in-person in the future).
- Deliver care in Spanish to members.
- Offer ADHD diagnosis and treatment for youth.

As a reminder, when sending us your availability, please include the following information:

1. Your name or agency name.
2. Your provider NPI (and/or your HPSM Provider ID).
3. Number of openings available for new members.
4. In-person and/or telehealth services you provide.
5. Any changes to the age groups you serve.
6. Any changes in your ability to offer services in additional languages.
7. Any additions/changes to specialization (ex: CBT, EMDR, eating disorders, ADHD, etc.) *We appreciate having this level of information for providers and will utilize it for matching, where member information is available. HPSM only receives basic information on members during the matching process, which often does not include this level of detail.*

You can keep us updated on your availability by phone at **650-616-2580** or by email at [HPSM\\_BH\\_Provider\\_Availability@hpsm.org](mailto:HPSM_BH_Provider_Availability@hpsm.org).

Thank you as always,  
The Health Plan of San Mateo