

February 13, 2023

February is Black History Month

Dear providers,

At the Health Plan of San Mateo (HPSM) we believe Healthy is for Everyone, and that includes Black and African American members of our community.

To celebrate Black History Month, here is a collection of resources to help you better serve Black and African American identifying HPSM members.

1. Review our new Black History Month webpage, dedicated to resources for providers, members and staff to better understand the importance of this annual celebration:  
<https://www.hpsm.org/about-us/diversity-inclusion-and-health-equity/celebrating-diversity/celebrating-black-history-month>
2. Last February we hosted a provider webinar, featuring a historical view of the health care experiences of Black or African American patients. Watch the webinar here:  
[www.hpsm.org/videos/default-source/webinar/black-history-month.mp4](http://www.hpsm.org/videos/default-source/webinar/black-history-month.mp4)
3. In 2020 we partnered with Black Infant Health (BIH) of San Mateo County to learn about how racism impacts Black and African American breastfeeding rates.  
<https://www.hpsm.org/videos/default-source/webinar/barriers-to-black-breastfeeding.mp4>

For questions or suggestions, please contact our Provider Services department at [PSInquiries@hpsm.org](mailto:PSInquiries@hpsm.org).

Thank you for your continued commitment to our community,  
The Health Plan of San Mateo