

August 14, 2023

## Medication Adherence: Improve Patient Outcomes, Simplify Prescribing and Reduce Costs

Dear providers,

Medication adherence is an important factor in increasing positive health outcomes for the Health Plan of San Mateo (HPSM) members. You can learn about HPSM's recommendations for increasing medication adherence on our website:

<https://www.hpsm.org/provider/resources/guidelines/improving-medication-adherence-for-better-outcomes>

When a patient does not take a medication as prescribed, it can lead to worsening disease, increased hospitalization and even death. Unfortunately, medication nonadherence is common, with patients failing to take their medication as prescribed about half the time.

When providers do not incorporate medication adherence into chronic disease management, it can potentially harm patients. It can also prevent providers from seeing patients with more urgent health needs and increase overall costs to providers.

Please review resources listed above and direct any questions to HPSM Provider Services at [PSInquiries@hpsm.org](mailto:PSInquiries@hpsm.org).

Thank you for your continued commitment to our community,

The Health Plan of San Mateo