

February 8, 2024

## Dementia Care Aware and Other Cognitive Health Assessment Resources

Dear providers,

The Health Plan of San Mateo (HPSM) has put together this list of resources to support our providers in complying with the Department of Health Care Services' (DHCS') All Plan Letter (APL) 22-025 (*"Responsibilities for Annual Cognitive Health Assessment for Eligible Members 65 Years of Age or Older"*). The APL states that providers must conduct an annual cognitive health assessment for Medi-Cal members 65 years of age or older.

HPSM providers can qualify for additional payments when conducting annual screening for patients if they register and are certified through Dementia Care Aware. Dementia Care Aware provides resources to primary care providers to administer cognitive health assessments and determine appropriate next steps for patients. Learn more about Dementia Care Aware here:

<https://www.dementiacareaware.org/>

### Additional resources:

- Read APL 22-025 here:  
<https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2022/APL22-025.pdf>
- DHCS is required to report, biannually, the utilization and payment of cognitive health assessments. Read their latest utilization report here:  
<https://www.dhcs.ca.gov/services/Documents/1494F-Utilization-Data.pdf>
- There are 11 Caregiver Resource Centers serving family caregivers to adults affected by chronic and debilitating health conditions, degenerative disease, or traumatic brain injury. Learn more here: <https://www.caregivercalifornia.org/find-your-local-center/>
- A report regarding the prevalence of Alzheimer's disease and related dementias among California Medi-Cal beneficiaries as of March 2021:  
<https://www.dhcs.ca.gov/Documents/Prevalence-of-Alzheimers-Disease-and-Related-Dementias.pdf>
- LA Care is hosting a hybrid conference, "Many Faces of Dementia," on March 9, 2024. Learn more about the conference here: <https://manyfacesofdementia.org/>

- Presentation on Dementia Care Aware from LA Care in June 2023:  
[https://www.hpsm.org/docs/default-source/provider-services/email-documents/dementia-care-aware-presentation\\_dr-segal-gidan\\_la-geriatric-care-conference-2023-06-10.pdf](https://www.hpsm.org/docs/default-source/provider-services/email-documents/dementia-care-aware-presentation_dr-segal-gidan_la-geriatric-care-conference-2023-06-10.pdf)

Contact HPSM Provider Services at [PSInquiries@hpsm.org](mailto:PSInquiries@hpsm.org) with any other questions.

Thank you,  
The Health Plan of San Mateo