

September 23, 2024

Behavioral Health Treatment (BHT) Benefit Transition Effective 10/1/2024

Dear providers,

On October 1, the Health Plan of San Mateo (HPSM) will assume direct management of the Medi-Cal Behavioral Health Treatment (BHT) benefit from Magellan Health. This transition is intended to streamline access to BHT services for our members.

Starting October 1, please submit BHT referral form(s) directly to HPSM instead of Magellan Health.

HPSM will then match the member with an appropriate BHT provider within its network. HPSM will send a notice when the updated referral form is available. Prior to October 1, continue to send new BHT referrals to Magellan. Current BHT services will remain unchanged, and members will retain their existing providers.

What is BHT? BHT is an umbrella term that describes benefits for members with Autism or Autism-like symptoms. HPSM's BHT benefit includes the following services:

- Comprehensive Diagnostic Evaluation (CDE)
- Functional Behavioral Assessment (FBA)
- Applied Behavioral Analysis (ABA)

Please review the following resources on or after October 1, 2024:

- HPSM's Behavioral Health page will be updated with the required forms and resources here: <https://www.hpsm.org/provider/behavioral-health>
- Starting October 1, HPSM members can call HPSM's Behavioral Health Department with questions about BHT services at **1-650-616-2557** (TTY users dial **7-1-1**). Hours are Monday through Friday, 8:00 a.m. to 5:00 p.m. Prior to October 1, members should continue to call Magellan at 800-424-4134.

Please note, Medi-Cal does not require a Comprehensive Diagnostic Evaluation (CDE) for a member to access ABA services. If you determine ABA services to be medically necessary for a member, please submit a BHT referral form for the member.

If you have additional questions about this transition, please email PSInquiries@hpsm.org.

Thank you,
The Health Plan of San Mateo