

October 1, 2024

Behavioral Health Treatment (BHT) Benefit Transition Now Live

Effective today, October 1, 2024, the Health Plan of San Mateo (HPSM) has assumed direct management of the Medi-Cal Behavioral Health Treatment (BHT) benefit from Magellan Health. This transition is intended to streamline access to BHT services for our members.

Starting today, please submit BHT referral forms directly to HPSM instead of Magellan. Please complete the new form (linked below), and fax to HPSM at **650-829-2006** when you would like to refer a member to BHT services. HPSM will then match the member with an appropriate BHT provider within its network. Current BHT services will remain unchanged, and members will retain their existing providers.

Here are resources that will help you in this transition:

- New Behavioral Health Treatment Referral Form: <https://www.hpsm.org/docs/default-source/provider-services/behavioral-health/bht-referral-form.pdf>
- Pediatric Developmental and Behavioral Health Services Referral Guide: <https://www.hpsm.org/docs/default-source/provider-services/behavioral-health/pediatric-developmental-and-behavioral-health-services-referral-guide.pdf>
- HPSM's Behavioral Health webpage: <https://www.hpsm.org/provider/behavioral-health>
- HPSM members can now call HPSM's Behavioral Health Department with questions about BHT services at **1-650-616-2557** (TTY users dial **7-1-1**). Hours are Monday-Friday, 8:00AM to 5:00PM.

What is BHT? BHT is an umbrella term that describes benefits for members with Autism or Autism-like symptoms. HPSM's BHT benefit includes the following services:

- Comprehensive Diagnostic Evaluation (CDE)
- Functional Behavioral Assessment (FBA)
- Applied Behavioral Analysis (ABA)

Please note, Medi-Cal does not require a Comprehensive Diagnostic Evaluation (CDE) for a member to access ABA services. If you determine ABA services to be medically necessary for a member, please submit a BHT referral form.

If you have additional questions about this transition, please email PSInquiries@hpsm.org.

Thank you,

The Health Plan of San Mateo