

November 4, 2024

## Continuing Medical Education (CME) Spotlight: Diabetes Awareness Month

Dear provider,

November is Diabetes Awareness Month, a crucial time to enhance our understanding and management of diabetes. The Health Plan of San Mateo (HPSM) invites you to engage in Continuing Medical Education (CME) credits to stay updated on the latest evidence-based practices and advancements in diabetes care. By taking part, you will be better equipped to provide optimal care and support to members.

Here are free, online CME opportunities available to you:

- **Emory University** offers up to 5 one-hour webinars for CME credit. Access the webinars here: <https://med.emory.edu/departments/medicine/research/centers-institutes/diabetes-education/professionals/index.html>
- **American Diabetes Association (ADA)** provides free continuing education programs, webinars, podcasts, and self-assessments designed by experts in the field of diabetes. Learn more here: <https://professional.diabetes.org/professional-development/continuing-education-meetings>
  - For our prenatal providers, you can also find gestational diabetes-specific learning: <https://professional.diabetes.org/professional-development/womens-health>
- **American Academy of Family Physicians (AAFP) Continuous Glucose Monitoring (CGM) Tips** provides a free course for members on CGM. Access the course here: <https://www.aafp.org/cme/all/endocrinology/cgm.html>
- **American Medical Association (AMA) Ed Hub** offers a few free CME credit courses on improving diabetes care. You are required to create a free account to receive your credits and track your courses. Learn more here: <https://edhub.ama-assn.org/course/271?appld=schub>
- **Indian Health Services** offers free live clinical training webinars on diabetes. Four webinars are scheduled for the remainder of 2024. No registration is required but you can view the scheduled webinar dates and join here: <https://www.ihs.gov/diabetes/training/cmece-online-edu/diabetes-online-cme-ce-education/>

You are also welcome to share the following resource with your patients to help them manage their diabetes and stay healthy: [https://www.hpsm.org/docs/default-source/health-matters-newsletter/diabetes\\_newsletter\\_lp\\_en.pdf](https://www.hpsm.org/docs/default-source/health-matters-newsletter/diabetes_newsletter_lp_en.pdf)

To get a print copy of the diabetes newsletter mailed to you, call the Health Education Unit at **650-616-2165**.

Please direct questions to HPSM Provider Services at [PSInquiries@hpsm.org](mailto:PSInquiries@hpsm.org).

Thank you,  
The Health Plan of San Mateo