March 17, 2025

Help Us Provide Gender Affirming Care for HPSM Members

Dear provider,

Providing gender affirming care for members is a priority of the Health Plan of San Mateo (HPSM). Healthy is for everyone, and a great pillar of health is feeling comfortable in your body and identity.

Please complete this survey as part of our effort to make gender affirming care more accessible to HPSM's members. This survey is designed to help us identify providers who offer gender affirming services and inclusive spaces for LGBTQIA+ members: https://forms.office.com/r/GNpNiNNYKX

Please review the definitions below before filling out the survey.

- **Sexual orientation** is an individual's enduring physical attraction to members of the same and/or other gender(s).
- **Gender identity and expression** is an internalized realization of one's gender and may not be manifested in their outward appearance (gender expression) or their place in society (gender role).
- People who identify as **transgender** have gender identities and/or gender expressions that differ from what is typically associated with the gender they were assigned at birth.

You will be asked if you provide gender-affirming services. Gender-affirming services refers to the following procedures:
  - Behavioral Health
  - Facial surgery
  - Feminizing genioplasty

- Feminizing mammoplasty
- Hair removal
- Hormone therapies (related to gender dysphoria)
- Hormone therapies (related to intersex conditions)
- Hysterectomy
- Male chest reconstruction
- Mastectomy
- Metoidioplasty
- Oophorectomy
- Orchiectomy
- Penectomy
- Phalloplasty
- Primary care
- Scrotoplasty
- Speech therapy
- Voice masculinization or feminization
- Or any other services you may offer.

If you have any questions, please reach out to the Provider Services department at **PSInquiries@hpsm.org**.

Thank you,
The Health Plan of San Mateo