

July 25, 2024

Update to HPSM's Asthma Home Visiting Program

Dear primary care providers,

The Health Plan of San Mateo (HPSM) recently contracted with Breathe California, to provide asthma home visiting and asthma remediation services through the CalAIM initiative's Community Supports services.

The Asthma Home Visiting Program includes:

1. **Clinic-Based Asthma Self-Management Education and Home-Based Asthma Self-Management Education** to help explain asthma and its triggers and causes, symptom management, and more.
2. **An In-Home Environmental Trigger Assessment, Home Remediation and Remediation Supplies** to help members with asthma live more comfortably in their homes.

Please see the attached flyer. Learn more about Breathe California here: <https://www.lungsrus.org>

Learn more about who qualifies for these services at our CalAIM webpage:

<https://www.hpsm.org/provider/calaim>

Contact Breathe California about this program at **408-998-5865**. Please direct all other questions to PSInquiries@hpsm.org.

Thank you,

The Health Plan of San Mateo



Asthma Home Visit Program



Session 1

Asthma Education

- What is asthma?
- What are triggers?
- Symptom management
- Medications
- Inhaler and peak flow meter demo
- Asthma Action Plan (AAP)



Session 2

Environmental Assessment

- EPA hazard checklist
- What supplies are needed?

Home Remediation

- Mold removal
- Pest management services
- Ventilation improvements

Remediation Supplies Provided

- Air purifier (HEPA Filter)
- HEPA-filtered vacuum
- Dehumidifier
- Asthma-friendly cleaning recipes
- Hypoallergenic mattress covers and pillow covers

CONTACT US FOR MORE INFORMATION

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