

Pediatric Therapy Eligibility Guidelines

Medical Eligibility through

Health Plan of San Mateo (HPSM)

Speech Therapy		Physical Therapy
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Medical Necessity means:

- A doctor has prescribed services and the child is being actively followed by a specialist in the area of need
- An evaluation within the last year by a qualified therapist determined that outpatient treatment would be of benefit
 - o beyond the services provided in community settings
 - o and are non-duplicative per Medi-Cal guidelines
- HPSM uses national clinical guidelines and the child's individual clinical information to determine the appropriate level of services

Applied Behavioral Analysis (ABA)

Medical Necessity means:

- Comprehensive Diagnostic Evaluation (CDE) has been completed within the last 2 years
- The CDE determined that ABA would be of benefit

Mental Health Services

Medical Necessity means:

A recipient obtains eligibility for mental health services if the recipient is diagnosed with a mental health disorder as defined by the Diagnostic and Statistical Manual of Mental Health Disorders (DSM) resulting in mild to moderate distress or impairment of mental, emotional or behavioral functioning.

If there is a mental health treatment need, refer member to BHRS, who will assess and determine appropriateness for services and refer to appropriate level of treatment.

Medical Eligibility through

California Children's Services (CCS) Medical Therapy Unit (MTU)

Speech Therapy	Occupational Therapy	Physical Therapy	
The MTU does not provide speech therapy	 A child with at least one of the following: Cerebral Palsy with spasticity, increased DTR, involuntary movements and ataxia Neuromuscular conditions Chronic musculoskeletal and connective tissue diseases or deformities Other conditions manifesting Cerebral Palsy findings such as ataxias, degenerative neurological disease, or other intracranial processes Children under three years old with two or more of the following neurological findings persistence of primitive reflexes 3+ DTR or greater Abnormal posturing Asymmetry Hypotonicity with normal or increased DTRs for infant under one year old 		
Applied Behavioral Analysis (ABA)			
The MTU does not provide ABA			
Mental Health Services			
The MTU does not provide Mental Health Services			

School District Eligibility according to Individuals with Disabilities Act (IDEA)

13 disability categories in IDEA:

- Autism
- Deaf-blindness
- Deafness
- Emotional disturbance
- Hearing impairment
- Intellectual disability
- Multiple disabilities

- Orthopedic impairment
- Other health impairment (includes ADHD)
- Specific learning disability (includes dyslexia, dyscalculia, dysgraphia, and other learning differences)
- Speech or language impairment
- Traumatic brain injury
- Visual impairment, including blindness

Requires educational evaluation and eligibility determination to determine whether disability requires special education to make progress in school.

Services are determined during the Individualized Education Program (IEP) meeting by the IEP team, which families are a critical part of. Services offered will promote the child's ability to succeed in school, and the goals will reflect this.